

# “The Ego’s Use of Projection”

(T-7.VII)

This section teaches that extension—the dynamic whereby the mind expresses outwardly what it holds within—is a law of mind. We have no choice but to utilize it. But we can do so in two entirely different ways:

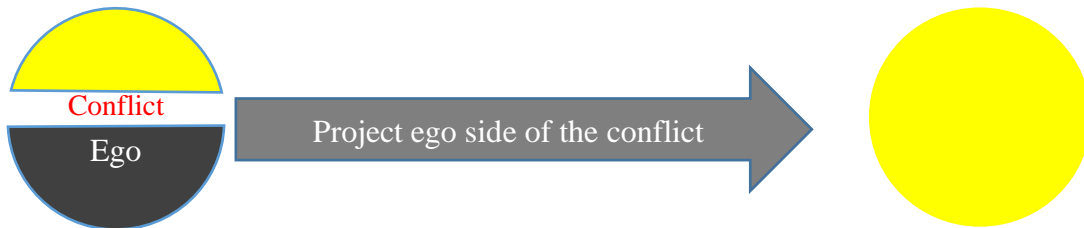
**Extension:** “you give what you value in order to keep it in your own mind” (1:6)

**Projection:** “a way of getting rid of something it [the ego] does not want” (1:5).

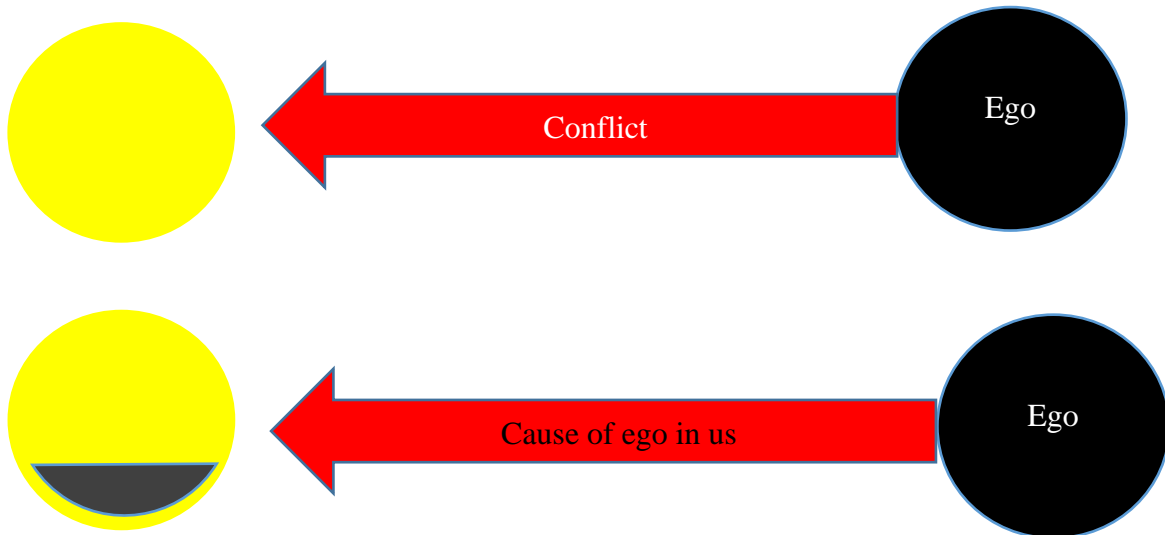
To understand projection in this section, we can see it in the following steps:

**Your mind**

**Others**



“It projects conflict from your mind to other minds, in an attempt to persuade you that you have gotten rid of it” (3:2).



“Do not project the responsibility for your belief in it onto anyone else, or you will preserve the belief” (6:3).



“When you are willing to accept sole responsibility for the ego’s existence *yourself*, you will have laid aside all anger and all attack, because they come from the attempt to project the responsibility for your own errors” (6:4).

### **Exercise**

Think of someone whom you believe has strengthened the anger, judgment, shame, and fear within you—in other words, someone who has apparently reinforced your ego. Now, reclaim your responsibility for your own ego and let your ego be undone, with these words:

*I will not project responsibility for my ego onto [name].*

*I accept sole responsibility for my ego’s existence.*

*And I give it quickly over to the Holy Spirit to undo completely.*

*So that all of its effects may vanish from my mind, and from the Sonship as a whole.*