

# **“Your Boundless Self-fullness”**

## **(T-7.VIII)**

### **Our self-fullness**

Our true being is boundlessly full, for it includes the power of the whole Sonship and of God.

The spirit knows that the consciousness of all its brothers is included in its own, as it is included in God's. The power of the whole Sonship and of its Creator is therefore its own fullness. (1:5-6)

Your self-fullness is as boundless as God's. (7:1)

### **Extending God's being: the expression of our self-fullness**

We were created by God sharing His being with us and thus extending it. Given that that it is our origin, the extension of God's being is built into our nature. Therefore, that is what we yearn to do—extend His being. We do this by creating our own creations in Heaven (we don't create on earth).

The spirit yearns to share its being as its Creator did. Created by sharing, its will is to create. It does not wish to contain God, but to extend His being.

The extension of God's being is the spirit's only function. Its fullness cannot be contained, any more than can the fullness of its Creator. (2:6-3:2)

### **Extending God's being: how we are fulfilled**

Extending (in Heaven) is not loss. It is how we are fulfilled. It is our joy and our peace.

That is why there is perfect peace in the Kingdom. Every mind is fulfilling its function, and only complete fulfillment *is* peace. (4:7-8)

### **The ego's selfishness: how we block extension**

This section twice uses the word “selfishness.” It is the opposite of extension and therefore it blocks our only function and our joy.

The ego's whole thought system blocks extension, and therefore blocks your only function. It therefore blocks your joy, and this is why you perceive yourself as unfulfilled. Unless you create, you *are* unfulfilled. (3:4-6)

### **Extending miracles: the earthly reflection of extension in Heaven**

Extending love to others is the earthly reflection of extending God's being in Heaven. It is the path back to the boundless fulfillment we enjoy in Heaven.

[Miracles] are reflections both of your own proper identification with your brothers and of your own awareness that your identification is maintained by extension. (7:6)

**Exercise**

Think of a time you expressed love to someone and felt fulfilled by it. Then say,

*Extending love to [name] was an earthly reflection of my true heavenly function.  
It brought me one step closer to extending God's being in Heaven,  
which is my only function and my joy.*