

“The Denial of God”

(T-10.V)

1. We denied God because we couldn't accept being the created.

Sickness and death entered the mind of God's Son against His will. The “attack on God” made His Son think he was fatherless, and out of his depression he made the god of depression. This was his alternative to joy, because he would not accept the fact that, although he was a creator, he had been created. (4:1-3)

2. The denial of God is our religion.

This [being sick] is the offering which your god demands, because having made him out of your insanity, he is an insane idea. He has many forms, but though he may seem like many different things, he is but one idea: the denial of God. (3:7-8)

3. Denial of God is not guilty pleasures and affirmation of self. It is depression and denial of our very identity.

The rituals of the god of sickness are strange and very demanding. Joy is never permitted, for depression is the sign of allegiance to him. Depression means that you have foresworn God. (1:1-3)

It is the denial of the spark that brings depression, and whenever you see your brothers without it, you *are* denying God. (2:5)

4. The real meaning of blasphemy is the denial of the identity God gave us and others.

If God knows His children as wholly sinless, it is blasphemous to perceive them as guilty. ²If God knows His children as wholly without pain, it is blasphemous to perceive suffering anywhere. ³If God knows his children to be wholly joyous, it is blasphemous to feel depressed. ⁴All these illusions, and the many other forms which blasphemy may take, are refusals to accept creation as it is. (12:1-4)

5. The way back is to acknowledge God.

When you acknowledge Him, you will know that He has never ceased to acknowledge you, and that in His acknowledgment of you lies your being. (8:2).

But the real Father must be acknowledged if the real Son is to be recognized. (13:5)

6. This means to acknowledge Him as Creator—to acknowledge His creations as He created them.

If you will accept yourself as God created you, you will be incapable of suffering. But to do this, you must acknowledge Him as your Creator. This is not because you will be punished otherwise. It is merely because your acknowledgment of your Father is the acknowledgment of yourself as you are. Your Father created you wholly without sin, wholly without pain, and wholly without suffering of any kind. If you deny Him, you bring sin, pain, and suffering into your own mind, because of the power He gave it. (9:1-6)

Exercise

Say the following to God:

My denial of You brought depression and sickness and death into my experience.

I choose to acknowledge You instead.

I acknowledge You as my Creator.

If you created me sinless, it is blasphemous to perceive myself as guilty.

If you created me wholly joyous, it is blasphemous to feel depressed.

I accept myself exactly as You created me, and thus I acknowledge You.