

“Healing as the Recognition of Your Will”

(T-11.II)

Questions about our relationship with God’s will

- What is our relationship with God’s will?
- Do we talk about it? Is it a positive term for us? Do we hear other Course students talk about it?
- Do we aspire to do God’s will?
- Does God’s will seem threatening to us?
- Does it seem like it isn’t even a Course concept, but just a traditional Christian one?
- Is our fear of God’s will because of how it’s traditionally been seen?
- Do we have a fear of His will based on the experience of Him asking us to do things we don’t want to do?

1. God’s will seems to be a coercive, external force that goes against our will, but that is an illusion.

Whenever what the Holy Spirit tells you appears to be coercive, it is only because you do not recognize your *own* will. The projection of the ego makes it appear as if God’s will is outside yourself and therefore not yours. In this interpretation, it is possible for God’s will and yours to conflict. God, then, may seem to demand of you what you do not want to give, and thus deprive you of what you want. (2:3-6)

You are afraid to know God’s will, because you believe it is not yours. ¶This belief is your whole sickness and your whole fear. ¶Every symptom of sickness and fear arises here. (4:4-6)

He *shares* His will with you; He does not thrust it upon you. (5:3)

2. We do not know our own will.

The reason why you must ask what God’s will is in everything is merely because it is yours. You do not know what it is, but the Holy Spirit remembers it for you. (1:7-8)

It cannot be too often repeated that you do not know it. (2:2)

Having forgotten his will, he knows not what he wants. (10:3)

3. God’s will is our own true will.

Ask Him, therefore, what God’s will is for you, and He will tell you *yours*. (2:1)

4. Extending healing to others is the beginning of remembering that our will is God’s.

Healing is the beginning of the recognition that your will is His. If sickness is separation, the will to heal and be healed is the first step toward recognizing what you *truly* want. Every attack is a step away from this, and every healing thought brings it closer. (6:2-4)

Exercise

Think of someone you want to attack in some way—judge, criticize, speak ill of, avoid, get back at, see suffer, etc.

The will to attack is not my true will.

I have forgotten what I really want.

But I trust that God's will is not an outside will, but is my own true will.

Holy Spirit, tell me God's will in this situation.

What do I really want to do here, to give here?