

“The Manifestations of the Holy Spirit”

(T-12.IX)

The question answered by the first seven paragraphs of this section is an important one: *How do you know if something is really in you?* More specifically: *How do you know if the Holy Spirit is really in you?*

General principle: What is invisible inside you becomes real to you as you see it having effects through you.

“You cannot see the invisible, but if you see its effects, you know it must be there. ²By perceiving what it does, you recognize its being, and by *what* it does, you learn what it *is*” (2:1-2)

This is true of your learning.

“Miracles [expressions of love to others] demonstrate that learning has occurred under the right guidance, for learning is invisible, and what has been learned can be recognized only by its results” (1:1).

It is true of your abilities.

“You cannot see your abilities, but you gain confidence in their existence as they enable you to act. And the results of your actions you *can* see” (2:3-4).

And it is true of the Holy Spirit.

“The Holy Spirit is invisible, but you can see the results of His presence, and through them you will learn that He is there” (3:1).

“And recognizing that He works through you, you will understand where He must be, and finally know what He is” (3:5).

“You cannot see the Holy Spirit, but you can see His *manifestations*. ²And unless you do, you will not realize He is there. ³Miracles are His witnesses and speak for His presence” (4:1-3).

Principle: That the Holy Spirit is in you only becomes real to you as you see Him giving miracles through you.

Exercise

Think of a time when you felt that you did something genuinely loving and helpful that felt like it was done not just by you but in some sense through you. Feel the love in your motivation. See the beneficial effect on the other person.

Now ask yourself “What picture of myself is implied here? What does this imply is in me?”

Whatever your answer, is it roughly compatible with the idea that the Holy Spirit is in you?

Conclude by saying to yourself, “*By seeing Him work through me, I will understand that He is in me.*”